

SAMPLE SUNDAY LUNCH MENU

CARVED SUNDAY LUNCH TO SHARE AT THE TABLE

From 2 guests sharing

PLEASE CHOOSE TWO MAINS FROM THE FOLLOWING OPTIONS TO BE SHARED AT THE TABLE

ROSEMARY & GARLIC ROAST STRIPLOIN OF BEEF (Contains 7,9,10,12)

SALMON EN CROUTE (Contains 1-wheat, 3, 4, 7, 9, 10, 12)

BASIL & LEMON BASTED CHICKEN (Contains 7,9,10,12)

QUINOA & COUSCOUS ROAST WITH CASHEW AND CHESTNUTS (Contains 1-wheat,6,8-cashew,9,10,12)

HONEY GLAZED HAM & TURKEY BREAST (Contains 7,9,10,12)

CARLINGFORD COCOTTE OF SEAFOOD (Contains 1-wheat, 2, 4, 7, 9, 10, 12, 14)

All served with a selection of seasonal vegetables and potatoes Sauces and dips – nothing else needed!

25.00 per person

TO START

SHARING FAMILY BOWLS OF MIXED SALADS | 6.00 per person

Chickpea & kale, noodle & vegetable, tossed leaf & vegetable salad (Contains 1-wheat,6,9,10,11,12)

COCOTTE OF TODAY'S SOUP and CHOWDER | 6.50 per person

Creamy as they should be (Contains 1-wheat, 2, 4, 6, 7, 9, 12, 14)

SELECTION PLATTER OF STARTERS | 9.50 per person

Marinated prawns, sticky wings and crispy fried brie Something for everyone in the audience (Contains 1-wheat, 2, 3, 6, 7, 9, 10, 11, 12)

MOULE MEUNIERE | 12.50 per person

With crusty garlic bread - just like in France (Contains 1-wheat, 6, 7, 12, 14)

SALADS YOUR WAY - SMALL/ REGULAR OR LARGE TO SHARE

ROAST PUMPKIN SALAD SM 7.50 | REG 9.90 | LG 14.50

Nutritious and scrumptious chickpeas, kale, coriander and pomegranate in a zesty lemon dressing (Contains 6,12) – Vegan

THE BRASSERIE CAESAR SM 7.50 | REG 9.90 | LG 14.50

Crisp smoky pancetta and buttery focaccia fingers, our creamy House Caesar dressing tossed baby gem Served of course with heaps of parmesan shavings (Contains 1-wheat, barley, 3, 4,6,7,10,12)

VERMICELLI NOODLE AND CHILLI SALAD SM 7.50 | REG 9.90 | LG 14.50

Full of flavours of crisp vegetables and fresh coriander, tossed in rice vinegar and sprinkles of sesame (Contains 6,9,10,11,12)

Add chicken or vegan feta style cheese to above 4.00 (Contains 6)

Please advise our team members of any dietary requirements you might have. Please note all food is prepared in a busy kitchen environment where we handle a variety of potentially allergenic ingredients.

The BRASSERIE

SOUPS

SOUP OF THE DAY | 6.50

(Contains 1-wheat, barley & oat,7,9,12)

HOT POT OF SEAFOOD | 10.90

Local fish and shellfish with fresh oyster (Contains 1-wheat, barley & oat,2,4,7,9,12,14)

HOT DISHES

ROAST OF THE DAY | 18.50

Served as it should be with creamy potatoes and sweet roasted seasonal vegetables (Contains 6,7,9,12)

FRESH FISH N CHIPS | 19.90

Panko breaded, fried until crispy and golden brown

Chef's house pickled tartar sauce with a zest, creamy peas and crunchy salad

(Contains 1-wheat, 3, 4, 6, 7, 10, 12)

GILLIGAN FARM BEEF BURGER | 22.50

Mature cheddar, house-made basil mayo, layered with tomato relish in a warm Brioche bun Chicken spiced fries (Contains 1-wheat, 3,6,7,9,10,12)

HEALTHY GREEN LENTIL AND BUTTERNUT SQUASH CURRY | 14.90

Chickpeas, fresh coriander, toasted cashew nuts and fragranced coconut & basmati rice (6,8-cashew,9,12) - Vegan

Add chicken or vegan feta style cheese (Contains 4) to above 4.00

SWEET CHOICES

SWEET SHARING PLATTER | 12.50

Selection of six of Lisa's favourite mini desserts

You don't know who Lisa is? You won't forget her after her desserts!

(Contains 1-wheat, barley & oat,7,9,12)

LISA'S SEASONAL SELECTION OF MACAROONS | 7.90

With fruit gels (Contains 3,7,8-almonds,12)

BAKED BELGIAN CHOCOLATE CHEESECAKE | 8.90

Chocolate crumb, fruity gel of orange & passion fruit (Contains 3,6,7,12)

WARM CHOCOLATE BROWNIE | 8.50

Baileys chocolate mousse – Velvet! (Contains 1-wheat, 3, 6, 7, 12)

LEMON CURD AND VANILLA PAVLOVA ROULADE \mid 8.50

With brambly apple – hard to beat! (Contains 3,7,12)

BOULABAN ICE CREAM | 7.50

Selection of carefully crafted ice creams and sorbets (Contains 1-wheat, barley,3,6,7,8-various,12)

The BRASSERIE

LUNCH

14.90

12.90

SANDWICHES

THE CLUB - THE CLASSY SANDWICH

Crispy smoked pancetta, chicken, egg and lettuce On crusty sourdough

(Contains 1-wheat, 3, 6, 7, 10, 12)

THE SLOPPY JACK - JOE'S VEGAN COUSIN

BBQ Jack fruit on a vegan bun with pickles and crispy onions

(Contains 1-wheat, 6, 10, 12)

THE HOT PASTRAMI 14.50

Shaved pastrami beef on sourdough Two cheeses and wholegrain aioli

(Contains 1-wheat, 3, 6, 7, 10, 12)

TOASTED SPECIAL 10.90

Home cooked ham - hand carved

Mature cheddar and caramelised onion relish

(Contains 1-wheat, 3, 6, 7, 10, 12)

THE CHICKEN CAESAR WRAP

12.90

The iNUA classic - chicken goujons and baby gem in a soft wrap (Contains 1-wheat, 3, 4, 6, 7, 10, 12)

All sandwiches come with a cup of fries and salad

ADD ONS

Cup of soup (Contains 1-wheat, 6, 7, 9, 12)

Bowl of soup (Contains 1-wheat, 6, 7, 9, 12)

3.50 6.00

SOUPS

SOUP OF THE DAY

Made fresh daily – please enquire with your waiter for further details

(Contains 1-wheat, 6, 7, 9, 12)

THE BRASSERIE CHOWDER

10.00

Cream based with salmon, white fish and mussels

(Contains 1-wheat,oat, 2, 4, 6, 7, 9, 12, 14)

SALADS

THE BRASSERIE CAESAR

sm 9.90 lg 14.50

Crisp smoky pancetta and buttery focaccia fingers Our creamy house Caesar dressing, tossed baby gem

Served of course with heaps of parmesan shavings

(Contains 1-wheat,barley,3,4,6,7,10,12)

THE VERMICELLI NODDLE CHILLI SALAD sm 9.90 lg 14.50

Full of flavours, crisp vegetables and fresh coriander Tossed in rice vinegar, gently topped with chilli dust

(Contains 1-wheat, 6, 9, 11, 12) - Vegan

GREEN GODDESS SALAD

sm 9.90 lg 14.50

Asian greens, cucumber, soy bean, wakame Pickled ginger, candied walnuts, lemon ℰ sesame dressing

(Contains 6,8-walnut,9,10,11,12) - Vegan

Add chicken or vegan feta style cheese to any of above 4.00

(Contains 6)

Add seared prawns or poached flaky salmon to any of above 6.00

(Contains 2,4,7)

THE ZESTY CHICKEN

sm 9.90 lg 14.50

Roast chicken in a lime, honey and spice sauce Guacamole, tossed leaves and purple quinoa

(Contains 7,9,10,11,12)

ALL DAY BRUNCH AND BITES

TOASTED FRUIT SCONES

4.50

9.50

Fresh cream and Follan's strawberry jam

(Contains 1-wheat, 3, 6, 7, 12)

SMASHED AVOCADO AND POACHED EGG TOAST

Chilli nut dressing

(Contains 1-wheat, 3, 4, 6, 7, 8-walnut, 10, 12)

sm 11.90 lg 17.50

STICKY IRISH CHICKEN WINGS

Buffalo wing sauce, blue cheese dip Main course portion served with a cup of fries

(Contains 1-wheat, 3, 6, 7, 9, 12)



All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations. Please inform your server if you suffer from any food allergy or have other dietary requirements.

LUNCH

PIZZA 12" SOURDOUGH PIZZA, SAN MARZANO TOM AND OUR HOUSE BLENDED CHEESE	MATOES	FISH & SEAFOOD	
THE MARGHERITA Fresh basil and mozzarella pearls (Contains 1-wheat,oat,3,6,7,9,12)	15.50	CHILLI PRAWN LINGUINI Sm 16.50 lg 2 Green pesto, blushed tomato and garlic oil drizzles (Contains 1-wheat,2,3,6,7,8-pine,12)	22.00
FRESH FROM THE SEA Topped with poached prawns and BBQ salmon Lemon aioli dollops and garlic oil drizzles (Contains 1-wheat,oat,2,4,6,7,9,12)	17.90	FRESH FISH N CHIPS Sole fillets, breaded and golden fried Zesty tartar sauce and roast garlic aioli served with fries (Contains 1-wheat, 3, 4, 6, 7, 9, 10, 12)	19.90
VEGAN FEAST Kalamata olives, pulled jack fruit and vegan style cheese mix Basil pesto (Contains 1-wheat,6,8-pine,9,10,12)	15.50		
(Contains 1-wheat,0,0-pine,7,10,12)		VEGAN & VEGETARIAN	
WILD & WONDERFUL Garryhinch organic mushrooms, rosemary infused olive oil Roack chives and caramelized red onion (Contains 1-wheat,oat,6,7,9,10,12)	16.90	HEALTHY GREEN LENTIL & RAINBOW CARROT CURRY Fresh coriander and toasted cashew nuts Fragranced coconut & basmati rice (Contains 6,8-cashew,9,12) - Vegan	15.50
SIDES		(Comains 6,6-casilew,7,12) - vegan	
Grilled green aspargus and courgette - lemon aioli (Contains 6,10) Sweet potato fries and truffle mayonnaise (Contains 6,10) - Vegan	5.50 5.50		15.50
Minted babay potatoes (Contains 7) - Vegan optional	4.50	Flatbreads and dips (Contains 1-wheat,6,10,12) - Vegan	
Skin on fries - Vegan	4.50		
Roast plum cherry tomato & rucola salad (Contains 12) - Vegan	4.50	Add chicken or vegan feta style cheese to above 4.00 (Contain Add seared prawn tails to above 6.00 (Contains 2,7)	:
SWEET CHOICES			
LEMON CURD ROULADE Raspberry puree and Chantilly cream (Contains 1-wheat,3,6,7)	8.90	M E A T S	
SALTED CARAMEL BROWNIE Vanilla bean ice cream (Contains 1-wheat,3,6,7)	8.90	RIB EYE BEEF BURGER 70z steak mince patty with mature cheddar in brioche bap Mildly spicy & smoky burger sauce Baby gem and spiced fries	21.50
SICILIAN LEMONCHEESECAKE (Contains 1-wheat,6) - Vegan	8.90	(Contains 1-wheat,oat,3,6,7,9,10,12)	
SELECTION OF BOULABAN ICE CREAM Please ask your server (Contains 1-wheat&barley,3,6,7,8-various,12)	8.50	THE SPICY BUFFALO CHICKEN BURGER Crispy coated chicken with buffalo sauce Brioche bun and fries (Contains 1-wheat,6,7,10,12)	17.50
KNICKERBOCKER GLORY Strawberry syrup, meringue and honecomb (Contains 3,7)	8.50	ROAST OF THE DAY Served as it should be with creamy potatoes	17.50
APPLE TART TATIN The French way of apple tart, served with ice cream(Contains 1-wheat, 3, 6, 7, 12)	8.90	The waiter will know more – please ask! (Contains 6,7,9,10,12) 18 HRS SLOW COOKED FEATHERBLADE OF BEEF	22.00
IRISH FARMHOUSE CHEESE SELECTION Grapes, celery, cheese biscuits and chutney (Contains-1 wheat, oat,rye,3,6,7,8-almond,hazelnut,9,10,11,12)	14.50	In cider & honey jus, crisp potato cake Caramelizerd apple and tenderstem broccoli (Contains 7,9,10,12)	22.00

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